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# The Native Seed Pod

an antidote to the monoculture

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Greetings Relatives,

Episode 2 of Season 3 is here!  
We are happy to launch the latest episode of The Native Seed Pod, "[Seed Rematriation with Shelly Buffalo](#)".



The second of three episodes co-produced with [Native American Food Sovereignty Alliance](#) and [Indigenous Seed Keepers Network](#), in this session we sit with Shelly Buffalo and dive into her work with Meskwaki Food Sovereignty, Red Earth Gardens and Seed Savers Exchange. From feeding community with rematriated crops, medicines and buffalo stew, to the healing power of ancestral foods, we continue our deep dive into the seed rematriation movement and the power of ancestral seeds.

Many thanks and good wishes for health and wellness, happy listening to you all!

Happy Indigenous People's Day Weekend!

The Podcast Team at TCC

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