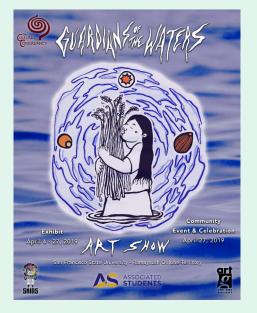


We Invite You To The Guardians of the Waters Art Show Workshops and Community Celebration

Saturday April 27th: 9:30am to 5pm Associated Students Art Gallery at San Francisco State University

Join 30 Native Youth and Artists who express beauty, voice, struggle and claim sovereignty through various traditional and contemporary art forms

A unique opportunity to support Native Art. In partnership with the San Francisco State Pow Wow. Come enjoy both events!



Free Workshops Offered By Exhibiting Youth and Artists

Saturday April 27

Registration 9:30am, Workshops 10am-12pm Lunch, Dedication and Performances 12-5pm

Location

The Associated Students Art Gallery in the Cesar Chavez Students Center at San Francisco State University. Terrace level, Third Floor. 1650 Holloway Ave, SF

Exhibit Dates

April 4 - April 27



In this workshop we will delve through the 13 airs that affect the body, soul and spirit according to Mexican traditional medicine practitioner Estela Roman. We will

Apapachandonos: Towards A Lasting Collectivity

utilize oral tradition, drawing and creative writing for introspection and release and to get an in depth understanding of how to begin to unknot internalized systems of oppression. *Guardian Facilitator: V. Michelini Castillo (AKA Chhoti Maa)*

Dream Weaver

In this workshop you will meet your dream weaver through hypnotherapy. With the guidance of your dream weaver, you will make a dream satchet to take home with you and facilitate a dream of your heart's desire. *Guardian Facilitator: Virginia Puc*

Gente de Maíz: OurStory & Corn Husk Dolls

What is your relationship to corn? Join us for an interactive storytelling workshop where we will discuss the hxstory of corn, share our own stories, and make corn husk dolls. Through this mutual learning, we will remember the importance of corn for cultures across Turtle Island and Abya Yala. *Guardian Facilitator: John Jairo Valencia*

Honoring the Waters

Join Holly Calica (Ilocano/Pangasinan) and Debbie Santiago (Washoe/Ilocano) in honoring the life giving force of water. Together we will be cleansed and nourished for our well being while interacting respectfully with sacred waters. Sharing stories, we will discuss our responsibility in caring for the waters. Please bring a yoga mat, towel or blanket.

Seeing Seeds

A fun and relaxing exercise of observation & illustration to create deeper connection with our seed relatives. *Guardian Facilitator: Maya Harjo*

Flowing Through Movement

Stretch, breathe, dance, feel, and love your body in the now with an open-mind and heart. Feel grounded among the chaos and forget the routine for a while. *Guardians Facilitator:* Sienna Ketari

We are honored to dedicate the art show to our dear California Native elder artists and teachers **Diana Almendariz** (Maidu/Wintun) and **Kathy** Wallace(Karuk/Yurok/Hoopa/Mohawk)



Questions? nicola@nativeland.org

We Thank Our Generous Art Show Funders:



We look forward to seeing you!



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